

SAND, SEA, SUN

TRAVEL+ LEISURE

IT'S
Summer

Get out there,
burn those **VACATION DAYS**,
and see the world.

+

WELLNESS-FOCUSED GETAWAYS
FROM Spain to Thailand,
St. Lucia to Mexico, TO HELP
YOU BE A BETTER YOU.

JUNE 2019



The Standard partnered with luxury CBD brand Lord Jones on custom gummies for guests.

How Robots Can Make Your Trip More Fun

These autonomous helpers might seem like a gimmick, but they're addressing common travel pain points so you can enjoy the journey.

BY JENNIFER SALERNO

The Big Chill

Hotels across the United States are tapping the wellness zeitgeist and using CBD to give guests a more zen getaway. BY HANNAH WALHOUT

THANKS TO ITS supposed calming and anti-inflammatory effects, cannabidiol, better known as CBD, seems to be appearing in everything these days, from body lotions to kombucha and coffee. Studies from universities and biopharmaceutical companies have cautiously indicated that the cannabis-derived compound—which is separate from THC, the primary psychoactive component of marijuana—could help alleviate a range of health issues, including acne and seizures. (The FDA approved a CBD-derived drug for the latter last year.) Still, CBD's legal standing remains murky. Federal guidelines can be enforced differently from state to state (and city to city) depending on how it's made, where you get it, and how you use it. More research is needed to evaluate CBD's potential, but for now, that isn't stopping some American hotels from jumping on the bandwagon. Here, three kinds of products you might encounter on your next stay.

TOPICAL BALMS AND OILS

Spas have been using CBD products like oils and lotions, based on anecdotal evidence that when applied to the skin, the compound has a warming effect that eases stiff joints and muscle knots.

At Florida's **Ritz-Carlton, Amelia Island** (ritzcarlton.com; doubles from \$754), guests can book a CBD Relief & Recovery massage that uses five preparations of hemp—the THC-free cousin of marijuana. Hydrotherapy fans can luxuriate in CBD-oil-infused baths at the **Elms Hotel & Spa** (elmshotelandspa.com; doubles from \$229) in the spa town of Excelsior Springs, Missouri.

EDIBLES

The **Standard** (standardhotels.com) paired up with CBD brand **Lord Jones** (lordjones.com) to release limited-edition gumdrops. The blood-orange candies, each containing 20 milligrams of the compound (a commonly recommended dose), can be found in the mini-bars at the chain's Miami Beach property (doubles from \$250).

TINCTURES, SHRUBS, AND BITTERS

CBD has also been popping up on bar menus. In Portland, Oregon, the new **Jupiter Next** (jupiterhotel.com; doubles from \$178) will add a flavored CBD shot to any coffee order at its in-house café. The Nickel, inside Denver's **Hotel Teatro** (hotelteatro.com; doubles from \$208), laces its White Russians with CBD-infused pepper-and-turmeric oil.

AT THE AIRPORT

Rolling around the departure hall of South Korea's **Incheon Airport** (airport.kr) is the round-bodied AirStar, which directs passengers to restrooms or the cocktail bar. At New York's JFK and San Francisco's SFO, passengers on **KLM** (klm.com) might soon be met after security by a schnauzer-size trolley named Care-E who can bring up to 85 pounds of luggage to the gate.

ON A CRUISE

Royal Caribbean (royalcaribbean.com) has tricked out the bars of its six largest ships with two articulated robotic arms, which mix drinks. Pepper, who sails with the Italian cruise company **Costa** (costacrui.com), can speak English, Italian, and German and help acclimate guests to their surroundings.

IN HOTELS

At **Henn na Hotels** (h-n-h.jp) in Japan, robots work the front desk. **Hotel EMC2** (hotelemc2.com), in Chicago, employs a pair named Leo and Cleo as butlers. Amazon Alexas can be used to summon them for extra towels and other deliveries—no housekeeping calls required.

